

# Leslie's Book Recommendations

## for Wild Success!

You are not your thoughts, you create your reality, surrender

**The Power of Now** by Eckhart Tolle — For working on staying in the present moment

**The Big Leap** by Gay Hendricks — How WE cause things to all fall apart right after things are seem amazing

**The Surrender Experiment** by Michael A. Singer

**Losing Control, Finding Serenity** by Daniel A. Miller

## Money

**Money, A Love Story** by Kate Northrup — Lots of fun exercises/new fresh perspectives that help you put a positive spin on money and bills

**Millionaire Mind** by Harv Eker — How good mindset about money is key to success



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### Spirituality

**Assertiveness for Earth Angels** by Doreen Virtue — Good if you're having trouble being assertive, dealing with confrontation

**A Course in Miracles** —Teacher Edition — Has a daily lesson for a full year to meditate on. The first half is breaking down any fear thoughts in your mind that prevent fear and success, and second half is building your mind back up in love and peace, which leads to success and happiness :)

**A Course of Love** — Amazing lessons about everything needed to love yourself in an ultimate way

**Abraham Hicks** — YouTube

**Bashar** — YouTube

### Relationships

**How Can I Get Through to You** by Terrence Real — If having trouble communicating in your relationship

**The New Rules of Marriage** by Terrence Real

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(Relationships — continued...)

**Fierce Conversations** by Susan Scott — Good info if you manage other people, also good for having those tough conversations in relationships

**Not Nice - Stop People Pleasing, Staying Silent, & Feeling Guilty...And Start Speaking Up, Saying No, Asking Boldly, and Unapologetically Being Yourself** by Dr. Aziz Gazipura

## Create Your Dream Life

**I Hope I Screw This Up: How Falling in Love with Your Fears Can Change the World** by Kyle Cease

**Finding Your Way in a Wild New World: Reclaim Your True Nature to Create the Life You Want** by Martha Beck

**Creative Visualization** by Shakti Gawain

## Business

**Expert Secrets: The Underground Playbook for Creating a Mass Movement of People Who Will Pay for Your Advice** by Russell Brunson

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(Business — continued...)

**The Art of Asking or How I Learned to Stop Worrying and Let People Help**  
by Amanda Palmer

**Fierce Conversations** by Susan Scott — Good info if you manage other people, also good for having those tough conversations in relationships

**Not Nice - Stop People Pleasing, Staying Silent, & Feeling Guilty...And Start Speaking Up, Saying No, Asking Boldly, and Unapologetically Being Yourself** by Dr. Aziz Gazipura

## Health, Confidence, Body Image, Food

**Embody: Learning to Love your Unique Body (and quiet that critical voice!)**  
by Connie Sobczak

**The Woman Code** by Alisa Vitti — MUST READ if having trouble getting pregnant, pre-baby health

**The Shift Network's Winter of Wellness** — online tele-summit each winter— Google it and sign up to get daily interviews with health experts from all over the world all winter long.

**Women, Food, and Desire: Embrace Your Cravings, Make Peace with Food, Reclaim Your Body** by Alexandra Jamieson — A new perspective on food, your body and how to accept yourself.

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(Health, Confidence, Body Image, Food — continued...)

**Warrior Goddess Training: Become the woman you are meant to be** by Heather Ash Amara

**The Confidence Code** by Katty Kay, Claire Shipman — Fun research done to understand confidence, especially in women.